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Clayton County Board of Commissioners



PRESS RELEASE

**For Immediate Release:
March 18, 2010**

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COMMISSIONER SINGLETON TO HOST WOMEN'S CONFERENCE "Empowering Young Women to Success"

Jonesboro, Ga- Clayton County Board of Commissioner Sonna Singleton will host a young women's empowerment conference on Saturday, March 27, 2010, targeting women between the ages of 18-35. The event which is free, will take place from 9:00am – 3:00pm at the Carl Rhodenizer Recreation Center located at 1499 Rex Road, Rex, GA 30273.

The one day conference will feature four workshops, hosted by a series of professionals focusing on four key issues that greatly impact the success of single women today with children:

- **Health & Wellness**
- **Personnel, Job & Interviewing Skills**
- **Appropriate Dating As A Single Mom**
- **Education**
- **Parenting Panel**

Women's advocate and motivator, Arndrea Waters-King, wife of Martin Luther King, III, will serve as the guest speaker for the opening session. Mrs. King is known for her non-profit organization work with agencies that focus on women's issues. She has begun a non-profit organization that works to assist women in poverty both nationally and internationally.

Early registrants for the event will receive gift certificates for free massages and make-overs. The afternoon will also provide women with the opportunity to network, obtain vital life-skill information and simply enjoy an afternoon with other women.

"The empowerment forum will provide young single women of Clayton County with an opportunity to receive information that will assist them in improving their quality of life. These are challenging times and it's important for women to stay focused. We are focusing on practices that women today need to make priority in their personal development. For example, health and wellness-it's important that we exercise and watch what we eat to help us stay stress free."

The Clayton County Archway Partnership and the Clayton County Cooperative Extension have partnered with Commissioner Singleton in providing the conference.

To register for the women's empowerment forum or for additional information call 770-603-4148 or e-mail: womantosuccess@co.clayton.ga.us.

112 Smith Street Jonesboro, GA 30236
770-477-3208



CLAYTON COUNTY
Commissioner Sonna Singleton
Presents

Empowering *Young* Women *to* Success



Saturday, March 27th,
9:00 a.m. – 3:00 p.m.
Carl Rhodenizer Recreation Center
3499 Rex Road, Rex, GA 30273

REGISTRATION IS REQUIRED

To register call 770.603.4148 or
email womantosuccess@co.clayton.ga.us



GET FREE

(gift certificates)

Makeup

Massage

Manicure

Haircut/hairstyle

pampering services available
(must register; first come first served)

GUEST SPEAKER

Mrs. Arndrea Waters-King

wife of Martin Luther King, III

LEARN MORE ABOUT

Dating

Living Healthy

Effective Parenting

Finding The Right Job,

Furthering Your Education

Hosted by Clayton Archway Partnership
and Clayton Cooperative Extension

limited space available first come first served